



Tina's Treat's airs every Wednesday morning on KRIG 104.9 FM.

Kabob-Ish

2 Chicken Breasts

1 lb. Steak of Choice (I used Top Round)

Shrimp (optional)

1 ea. Green, Red, Yellow Bell Pepper

1 small Onion

Cherry Tomatoes

Mushrooms (optional)

1 bottle Italian Dressing

Cube Chicken and Steak

Cut Vegetables to approx. 1" pieces

In separate bowls combine the meat cubes and coat with dressing. Let set overnight

Repeat for the vegetables.

Using a Grill pan cook meat mixture. Remove from heat and set aside.

Add Vegetables to grill pan and cook until tender.

Add the meat mixture to combine and serve.

**KEEPSAKE
CANDLES**

